



## Singer

Dear Jackie

I took up singing lessons as a hobby and I received very good comments on my singing ability. My teacher says I have a good voice and encourages me to enter competition. Each time I turn him down because I lack the confidence. I am already 75. Should I compete?

Samantha age 75 right-handed

Dear Samantha

If you look over to Colin Thackery, age 89, who was crowned the winner of Britain's Got Talent, you would know that age is no barrier. It is only a limitation you put on your mind.

You must have enjoyed singing. That is the reason why you join a singing lesson class. And people enjoyed your singing too. Otherwise, your teacher would not have encouraged you to enter competition.

When you enter a competition, you need not be consumed by the desire to win at all cost and above all else. Winning is not the sole or primary objective. You enter a competition because you want to have fun, you want to look younger and be happy, just like Nora Barton who sang in Britain's Got Talent at age 96.

A healthy and friendly competition brings the best out of you and keeps you motivated by the challenge of a contest. It helps you to know where you stand among the same age group contenders.

Competition will give you a great opportunity to engender conversation, share experience and strengthen friendship with fellow participants, judges and audience.

I would not guarantee you that you will turn out to be the winner of the competition. But a new branch line is growing from your heart line towards the base of the index finger. I am quite certain you will be in the top 10 finalists.

As your left hand Fate line is nicely emerging at about this time, you will, after the competition, start to receive invitations to sing at weddings, concerts and charity events.

Yes, you should compete.

Jackie